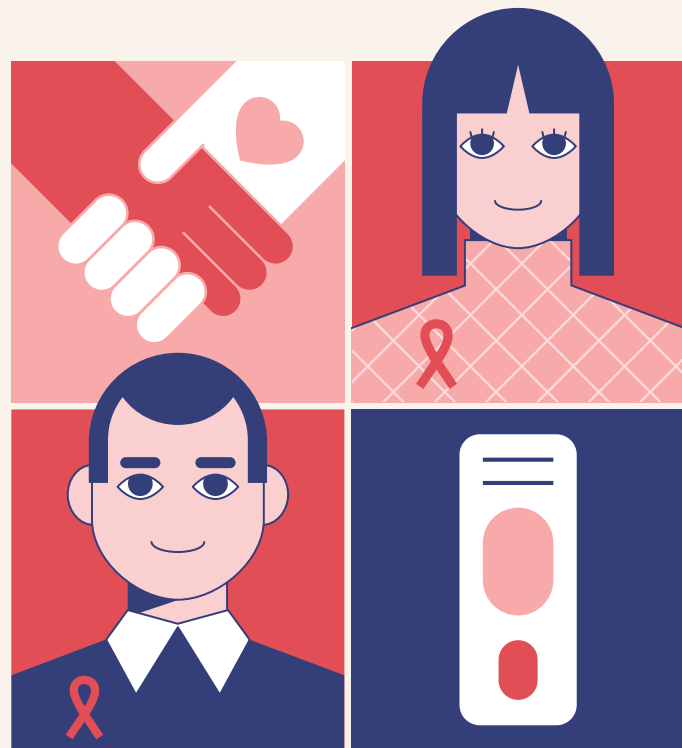


早檢測 早放心

TEST EARLY, STAY ASSURED

健康生活更安心
HEALTHY LIVING, PEACE OF MIND



? 誰應該接受 HIV (愛滋病病毒) 測試?

曾經有性接觸而又不確定感染狀況人士，
都應該進行測試

根據國際流行病學顯示：如有持續風險行為，更應定期進行測試。



男男性接觸者



跨性別人士
(與男性有性接觸)



性工作者及其顧客



注射毒品人士



有多個性伴侶人士
(自身或其性伴侶)



來自 HIV 高流行/
流行狀況不明地區的人士
(或其性伴侶)

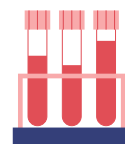


性伴侶為 HIV 感染人士
而治療狀況不明/
病毒未受到抑制

測試方式

01

傳統測試



- ▶ 抽取靜脈血液樣本送化驗所進行檢測
- ▶ 約需 5-7 天
- ▶ 結果可作確診

02

快速測試



- ▶ 由醫護 / 受訓人員進行
- ▶ 指尖採血 / 口腔液樣本進行測試
- ▶ 約 20 分鐘得結果

03

自我檢測



- ▶ 使用者自行操作
- ▶ 程序與快速測試相同

注意

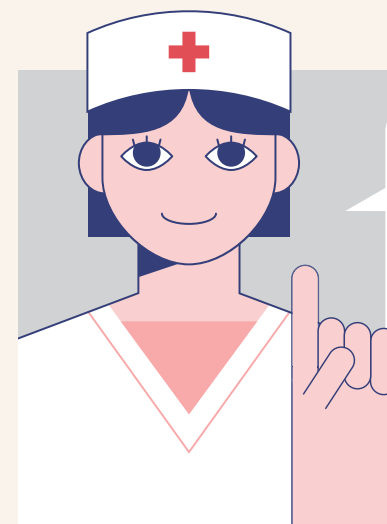
- 快速測試和自我檢測僅作初步篩查
- 請留意 HIV 檢測的「空窗期」(可長達三個月)。若近期曾有高風險行為，陰性結果不代表完全沒有感染，應在空窗期後再次測試或諮詢醫護人員。



測試方式及比較

U = U

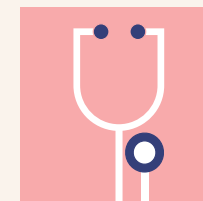
測不到 = 傳不到



一旦感染，只要接受
抗病毒藥物治療，並
將病毒載量* 維持在
『無法檢測』水平，
就不會透過性接觸
傳播 HIV。

*病毒載量 = 血液中的 HIV 含量

? 為甚麼要接受測試?

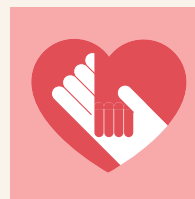


儘早知 及早醫

及早發現並接受治療，HIV 感染人士
同樣可以擁有健康生活，預防併發
症及避免發病為愛滋病。

掌握健康 保護自己及身邊人

HIV 測試如同其他健康檢查，幫助
我們了解自己的健康狀況，並採取
預防措施。



HIV 感染已是一種
可以控制的慢性疾病
HIV 測試只是性健康檢查的一部分

愛自己，愛你所重視的人
——立即接受 HIV 測試！

哪裡可以檢測?

衛生署
愛滋病輔導及測試服務

愛滋熱線 2780 2211
www.hivtest.gov.hk



預約免費 HIV 測試/
訂取自我檢測套裝

其他社區測試資源

了解更多 >

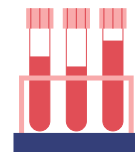


? Who should get tested for HIV (Human Immunodeficiency Virus)?

“Anyone who has ever had sex and is unsure of their infection status should consider testing.”

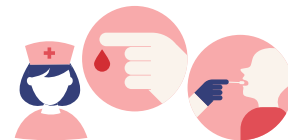
TESTING OPTIONS

01 Conventional test



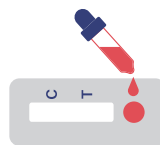
- ▶ Blood sample from vein, sent to laboratory
- ▶ Results in 5–7 days
- ▶ Usable **for diagnosis**

02 Rapid test



- ▶ Conducted by healthcare / trained workers
- ▶ Fingerprick / oral fluid sample
- ▶ Results in ~20 minutes

03 HIV self-test



- ▶ Users perform the test themselves
- ▶ Procedure is the same as rapid test

NOTES

- Rapid tests and HIV self-tests are for **preliminary screening** only.
- Be aware of the ‘window period’ (up to 3 months). A negative result does not always mean no infection. If exposure was recent, re-test after this period or consult a healthcare professional.



Testing options comparison

Based on international epidemiology, regular testing is recommended for people with ongoing risk exposures.



Men who have sex with men



Transgender individuals (who have sex with men)



Sex workers and their clients



People who inject drugs



Individuals (or their sex partner) with multiple sex partners



People (or their sex partners) from areas of unknown or high HIV prevalence



Sex partners of people with HIV with unknown treatment status or detectable viral load

U = U

UNDETECTABLE = UNTRANSMITTABLE



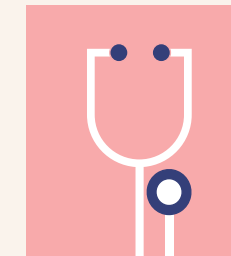
People with HIV who are on antiretroviral treatment and achieve a sustained **undetectable** viral load* **will not transmit HIV via sex.**

*Viral load = the amount of HIV in blood

HIV infection is a
MANAGEABLE CHRONIC DISEASE
HIV testing is just part of sexual health screening.

Care for yourself and your loved ones—
get tested for HIV!

? Why get tested?



Test early, Treat early

Early diagnosis and treatment allow people with HIV to live healthy lives, restore immunity and prevent progression to AIDS and other complications.

Know your health, Protect yourself and loved ones

HIV testing, like other health checks, helps us understand our health and take preventive measures.



Where to get tested?

AIDS Counselling and Testing Service, Department of Health



AIDS Hotline 2780 2211



www.hivtest.gov.hk



Book a FREE HIV test/
order a self-test kit

Other community resources



Learn more ▶